During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

#### DIET:

# Kosher

If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Jewish Chaplain and Rabbi at:(631) 786-6535

#### To place your order, please choose:

One (1) Main Course
Up to Five (5) Sides
Three (3) Beverages

- 1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone, between the hours of 7am and 7pm.
- Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

#### SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist your with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

#### **Enjoy Seamless Dining at Your Fingertips!**

To get started:

- 1. Scan the QR code, download, and install the app.
- Create your account and log in, entering the Facility ID (sbuhii794), the patient's Billing ID (or Encounter #), and Date of Birth
- Start exploring a selection of options to meet your nutritional needs and place your order effortlessly
- Our self-ordering Patient app may not be suitable for your diet order. Please call our Call Center
  to speak with a representative who can guide you through your available selections.





#### We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!



DIET: Kosher

# Breakfast

## **BEVERAGES**

**Coffee** (**Instant**): Regular | Decaffeinated

**Tea:** Chamomile

**Hot Chocolate:** Regular

Milk: Whole | Skim | Lactaid | Vanilla Soy Milk | Low-Fat Chocolate Milk

Juice: Orange | Apple | Tomato | Cranberry | Prune

**Soda**: Ginger Ale | Diet Ginger Ale | Seltzer

### **CONDIMENTS**

Butter | Smart Balance | Grape Jelly | Strawberry Jam | Ketchup | Diet Jelly | Cream Cheese Salt | Pepper | Honey Mustard | Lite Cream Cheese | Peanut Butter | Coffee Creamers Sugar | Splenda | Equal | Sweet & Low | Diet Syrup | Honey | Herb Seasoning | Salsa Sour Cream | Mustard | Mayonnaise Light Mayonnaise

# MAIN COURSE (please choose 1)

Egg Omelet: Served with Diced Home-Fried Potatoes

Texas-Style French Toast with Maple Spread

# **FRUIT**

Banana | Orange | Apple Applesauce

# **YOGURT**

Regular: Vanilla | Strawberry | Plain

Lite: Strawberry | Peach | Vanilla | Blueberry

# **COLD CEREAL**

Corn Flakes | Crispy Rice | Cheerios | Raisin Bran | Rice Chex

## **BREAKFAST BAKERY**

Bagel: Lender's Plain Bagel

**Bread**: White | Wheat Dinner Roll

# Lunch & Dinner

### **KOSHER MEAL PACKS**

The following entrees are pre-packaged frozen kosher items that are heated in our microwave.

Roasted Chicken: Served with Roasted Potatoes & Green Beans

Yankee-Style Pot Roast: Served with Bowtie Noodles, Green Beans & Sliced Carrots

Roasted Turkey: Served with Sweet Potatoes & Green Peas

Salisbury Steak: Served with Creamy Mashed Potatoes, Green Peas & Carrots

Baked Fish with Lemon: Served with Rice Pilaf & Green Beans

Vegetable-Stuffed Pepper: Served with Penne Pasta, Green Beans & Carrots

**Starkist**<sup>™</sup> **Tuna** (Individual Packets)

### **DESSERTS:**

Cookies: Lorna Doone | Fig Newtons | Graham Crackers

**Kozy Shack™ Kosher (Pareve) Gelatin**: (Regular or Sugar-Free) Strawberry

Orange

Kozy Shack <sup>™</sup> Pudding: Chocolate | Vanilla | Rice | No Sugar Added Chocolate

No Sugar Added Vanilla | No Sugar Added Rice Pudding

**Ice Cream:** No Sugar Added Vanilla | No Sugar Added Chocolate

Italian Ice: Cherry | Orange | Lemon | No Sugar Added Lemon